



HAMORIS PROJECT

HAMENUS MORTALIDADE NO RISKU BA INAN SIRA

The Hamenus Mortalidade no Risku ba Inan Sira (HAMORIS) project is funded by the Australian Government and implemented by CARE International Timor-Leste. Focused on the municipalities of Ermera and Covalima, the project aims to address the high number of women who die during childbirth in Timor-Leste, which has one of the highest rates of maternal death in the world, by improving their access to and use of quality maternal health services. The HAMORIS project was launched in July 2017 and has been extended until June 2022.

GOALS

The HAMORIS project aims to contribute to lasting reductions in maternal mortality and morbidity by increasing the number of women accessing quality Sexual Reproductive and Maternal Health (SRMH) services.

To do this, we seek two main outcomes:

- 1 Improved access and use of quality SRMH services by men and women
- 2 Improved gender relations at the family and community level.

ACTIVITIES & REACH

1,640 Men and women are active members of mothers' and fathers' support groups. Using **Social Analysis and Action tools**, we raise awareness about family planning, the importance of ante-natal and post-natal health care, nutrition, safe birthing practices, and gender equality.

38 Suco action plans have been developed using the **Community Score Card** tool, which facilitates community feedback, input and advocacy to improve the quality of SRMH services.

OUTCOME 1 INDICATORS

-  Female support group members are receiving antenatal and postnatal care and deliver with a skilled birth attendant
-  Fathers and family members are actively involved in mothers' breast feeding plans
-  Female support group members have improved nutritional status
-  Support group members know about and are using modern contraceptives
-  Community health centers are meeting national standards for quality care, actively responding to address barriers to SRMH
-  Support group members have access to and control over quality SRMH services

OUTCOME 2 INDICATORS

-  Female support group members are making their own informed decisions about sexual relations
-  Men are supporting maternal health and safe birthing practices
-  Men and women support group members are reporting joint household decision making
-  Women and people with disabilities are participating in formal and non-formal decision making, including support group members
-  Support group members know about social norms that hinder SRMH and harmful traditional practices are changing

WHAT WE HAVE ACHIEVED SO FAR

1 Improvements in access to and use of quality SRMH services



47% increase in mothers' support group members delivering their baby with the help of a skilled birth attendant



20% increase in mothers' support group members using modern contraceptives



49% increase in mothers' and fathers' support group members with knowledge about modern contraceptives

2 Improvements in gender relations in families and communities



65% increase in mothers' support group members making their own informed decisions on sexual relations, contraceptive use and reproductive health care



59% of mothers' and fathers' support group members report making household decisions together



32% of mother's and fathers' support group members were identified by community members as effective leaders in political, economic and social forums

GOING FORWARD

To continue to improve women's access to quality SRMH services, we are strengthening the project's work by:

- Improving the quality and reach of SRMH services through continuous advocacy, strategic partnerships, the use of role models and continued education about SRMH issues
- Improving the effectiveness of support groups by targeting specific demographic groups with different information and approaches
- Improving the effectiveness of the Community Score Card process through government advocacy, reporting to communities, and increasing women's participation
- Improving the effectiveness of the SAA process by involving religious and traditional leaders and raising awareness about gender based violence laws, gender roles and SRMH
- Increasing inclusion of people living with disabilities by expanding identifying and targeting efforts
- Enhancing sustainability of the project's results by systematically involving health authorities and local leaders and further supporting mother's and fathers' support groups' advocacy efforts.



The SAA pile sorting activity showed me that women do more work than men. Now I have changed my behaviour; my daily activities include fetching water, cooking and taking care of the baby.

Fathers' support group member in Fohorem

